

Presents

CST Techniques Certification

Applicant Preparation

The one-day class will prepare you for the process of taking the Upledger CST Techniques certification exam. While not designed as a complete academic review, this class will help you learn your strengths and, therefore organize your next steps in learning. The more you prepare academically prior to this class, the more you will integrate your knowledge during the class.

See how many of these questions you can answer. These questions give you a framework to study for the exam.

1. Cranial bones: Can you show the perimeter of each bone and how each is connected to the intra-cranial membrane?
2. What structures, including organs, are affected at each diaphragm technique?
3. What conditions can be affected by each technique?
4. What really happens with dural tube elongation?
5. Can you describe physiologically how a diaphragm technique works?
6. What is the core intent (what is the technique trying to accomplish anatomically) of each technique?

This class offers a unique opportunity to:

- Ask questions about the three CST Techniques Certification exams and practice sample tests.
- Learn what subjects are particularly important for you to focus on when studying for certification.
- Gain insights into how to best utilize your time in preparing for testing.

November 21, 2020

Location:

Los Angeles, CA

at Temescal Gateway Park in Pacific Palisades

Cost:

\$170 until Oct. 20

(\$200 after Oct. 21)

To register:

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–or– 310-376-0113

Prerequisite: CS2 and be in the process of becoming CST-Techniques certified

Instructor: Karen Axelrod, MA, CST-D, CMT
Upledger-Certified Course Instructor, Mentor, Study Group Leader, Techniques Examiner.



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