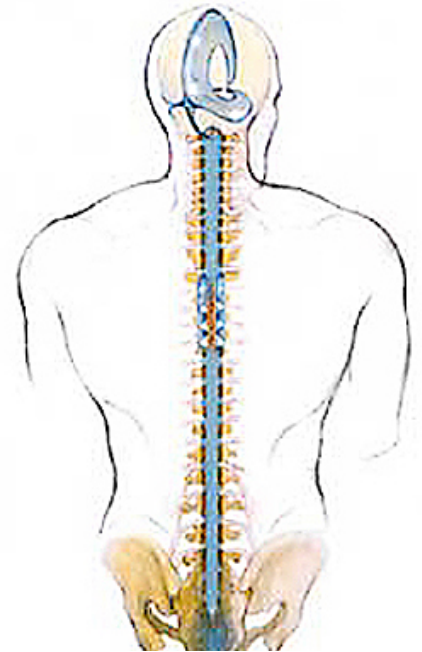


CranioSacral SomatoEmotional Release Study Group

Monday, July 10, 2017 in Culver City

- CranioSacral study groups focus on the skills learned in Upledger's CranioSacral Therapy courses (prior attendance at those courses required).
- Depending on the focus of the study group, you will explore the techniques, anatomy, and theory behind the 10-step protocol, sphenoid lesions, facial bone restrictions, hard palate and other intra-oral work, arcing, energy cysts, facilitated segments, fascial glide, SomatoEmotional Release, dialoging, therapeutic imagery, trauma resolution, body-mind connection and mindfulness, completion of biological process, and working with resistance.
- These study groups also help prepare you for the written and hands-on portions of the Upledger Techniques and Diplomate Certification exams, and they count toward Upledger Institute mentoring hours.



SER and Advanced Study Group:

Reviewing the Foundations of Upledger SER Theory and Practice

9:30 a.m. - 1 p.m. \$55 per person (pre-paid); \$70 at the door (on a space-available basis)

In this study group, we will review the foundations of Dr. Upledger's SomatoEmotional Release. Depending on group interest and student requests, topics may include arcing and energy cysts, dialoging, therapeutic imagery, trauma resolution, body-mind connection, mindfulness, completion of biological process, and working with resistance/protective mechanisms. The afternoon will include lecture and hands-on practice.

**Study group is held at Life Energy Institute (formerly I.P.S.B.)
5817 Uplander Way, Culver City, CA 90230**

To reserve your space for this study group: Please *email me to confirm*, then mail or PayPal your payment to me. Your prepayment guarantees your space that day. Space is limited in these study groups.

Study group led by Karen Axelrod, MA, CST-D, CACMT

Upledger-Certified CranioSacral Therapy Instructor of CS1, CS2, CSCN1, CSIR, and Clinical Applications of CST.
Certified Upledger Mentor, Study Group Leader, Techniques Certification Examiner

karen.axelrod@gmail.com – or – 310-376-0113

Also available for private tutoring and mentoring for CST I – Advanced levels,
plus coaching for the Techniques and Diplomate Certification Exams.